

Hallelujah Acres Diet Featured On FOX Morning Show Controversial Raw Food Diet in the Spotlight

(Shelby, NC, January 28, 2008)- Olin Idol, Vice President of Health at Hallelujah Acres and author of *Pregnancy, Children, and the Hallelujah Diet*, was interviewed on the FOX Morning Show Wednesday, January 16, by hosts Mike and Juliet as part of their segment on the controversial Hallelujah Acres Diet. Dr. Idol acquired an interest in health and nutrition over 30 years ago and ultimately earned his N.D. degree from Trinity College of Natural Health. Presently, he ministers the benefits of the [Hallelujah Acres Diet and Lifestyle](#) to others on a daily basis alongside the Reverend George Malkmus, creator of the Hallelujah Diet and founder of the Hallelujah Acres Foundation.

Malkmus founded Hallelujah Acres in 1992 as a faith-based ministry that teaches the principles of healthy eating and wholesome lifestyle from a biblical perspective as described in Genesis 1:29. With its strict adherence to maintaining a ratio of 85% raw (or unprocessed) food to 15% cooked food, the Hallelujah Acres Diet today has hundreds of thousands of people enjoying health and vitality from making this diet and lifestyle change, and Hallelujah Acres has grown to include a health food store, café, and the *Get Healthy!* Resource Center that teaches the basics of The Hallelujah Diet and Lifestyle in a nine-session course.

Julie Wandling, a popular Hallelujah Acres Culinary Academy Instructor and Health Minister, contributed to the FOX Morning Show segment as well. She changed her diet and watched her health problems –and 140 pounds – disappear. Today she is also the author of *Healthy 4 Him*, *Thank God for Raw*, and *Hallelujah Kids*.

The segment and interviews can be accessed at <http://www.hacres.com/news/news.asp#morningshow>.

For more information on Hallelujah Acres and the complete schedule of programs there, please visit www.hacres.com or contact Gerene Butterfield at (704) 481-1700 ext. 798.